

TEACHER TRAINING

JULY 5 – JULY 28, 2023

yogaview



The teacher training at yogaview is about more than just teaching. While the success rate of motivated students becoming teachers through this course is exceptionally high, many take the training mainly to deepen the experience of yoga in their lives. The capacity to be a good teacher has a lot to do with understanding how to be a good listener and learner, as well as understanding the nature of yoga. The content of this course encourages open mindedness not only because of its focus on meditation, but because the traditional approaches to yoga asana and philosophy are not just presented, but investigated. One of the advantages of the training being led by multiple instructors is the exposure to various experiences and perspectives. Exploring the rich history of yoga in a realistic way and modern approaches to traditional ideas gives participants the opportunity to creatively uncover and sharpen their own ideas, which can then serve as a real foundation for sharing ones love of yoga with others.

