

LEVEL

2

Teacher Training

TAKE YOUR TEACHING TO THE NEXT LEVEL

MARCH 13--JUNE 12, 2014

CORE FACULTY

TOM QUINN
GERI BLEIER
QUINN KEARNEY
CLAIRE MARK

GUEST TEACHERS

CAROL HORTON
GABRIEL HALPERN
MEGAN DUNNE
SARA STROTHER

yogaview



What is happening today in the world of yoga is unprecedented. Never before have so many people been exposed to the practice. With yoga's recent rise in popularity and its subsequent commercialism, some people feel like the authentic practice is being diluted, compromised or lost. The actual history of the practice of asanas is only recently being uncovered, and much of what many of us have been taught is now being questioned. At the same time, the physical and emotional healing that yoga offers has never been more widely recommended by doctors, chiropractors and therapists, and there are yoga studios sprouting up everywhere as well as classes being offered regularly at almost every health club. It is challenging to be a yoga teacher in this suddenly new environment.

Yogaview's level 2 teacher training is geared towards teachers and is a swan dive into the modern world of yoga with all of its contradictions and potential. Our goal is not to over simplify what is happening today and our roles in it, but to understand this new reality in a brave way. In an effort to do this, we are gathering together teachers who are on the cutting edge of modern yoga. This training intensive will include more voices and understandings than our level 1 course in order to provide a broad spectrum of material to students and teachers who are already deeply involved in the practice. It is our belief that the new world of yoga is seeded with potential, both for individuals and for society, in a way that has never been known before. Our goal in this intensive is to uncover and better understand the historically grounded, innovative tradition of yoga in the light (and darkness) of the time we find ourselves in.

REQUIRED READING

- Yoga PH.D.
Carol Horton
- Shadows on the Path
Abdi Assadi
- The Science of Yoga
William J. Broad
- The Mirror of Yoga
Richard Freeman
- The Key Poses of Yoga
Ray Long
- Teaching Yoga Essential
Foundations and Techniques
Mark Stephens



To this end and beginning, we've invited Carol Horton, author of Yoga PHD, and 21st Century Yoga Culture, Politics and Practice, to come speak. Also included in the training is a 5 day, morning pranayama intensive with Gabriel Halpern, and a cadaver lab experience. And in continuing with our level 1 trainings, there is a built in meditation retreat to the intensive, wherein we ask participants to devote ½ hour a day to sitting quietly. Yogaview's core teacher trainers, Geri Bleier, Tom Quinn, Claire Mark and Quinn Kearney will be leading most of the training. And we are very excited to have Megan Dunne and Sara Strother joining us as guest instructors.

The hours, energy and commitment you put into this training will directly result in having more confidence in your teaching through having better practical teaching skills, a better understanding of your role and the environment you are teaching in, and through becoming a more compassionate person, whether you teach or not.

We hope you can join us!

Class Times

The training will run from March 13- June 12, meeting on Thursday's from 10:00am-5:00pm.

Course Requirements

In order to receive yogaview's certificate of completion for this training, students must attend all scheduled classes, take a minimum of 2 classes/week at yogaview, meditate for 1/2 hour/day, and complete all required reading. To participate in the course, you must have already taken a teacher training.

Cost

The cost of the training is \$3,100 and includes the morning pranayama intensive with Gabriel Halpern, a cadaver lab experience, and unlimited classes at all 3 yogaview locations for the duration of the course. Books are not included in the price and there are no hidden fees.

Registration

A \$500 deposit holds your place in the training and is non-refundable unless your application is not accepted. Full payment must be received one week before the beginning of the course, and no refunds will be given after that time.

Application Process

To apply, please send us a letter (one page or less) stating your intention for participation. Additionally, tell us how long and with whom you have been practicing, and where your primary teacher training was completed. Please also include a photograph of yourself with your deposit.

For more information or with questions, please contact us at rachel@yogaview.com or call 773-342-9642.

