

# RED MOUNTAIN RESORT & SPA

St. George, Utah | Nov 2nd - Nov 5th, 2017  
with Stacy Levy & Amy Owen



Red Mountain Resort

For more info on the resort:  
[www.redmountainresort.com](http://www.redmountainresort.com)

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Questions / Registrations:

Stacy Levy

[stacylevy@gmail.com](mailto:stacylevy@gmail.com)

847.828.6787

or

Amy Owen

[amyowenyoga@gmail.com](mailto:amyowenyoga@gmail.com)

312.560.0735

Join Stacy and Amy for an incredible 3-night / 4-day retreat at the Red Mountain Spa in St. George Utah. Amidst the gorgeous landscape of the red rock cliffs and canyons of warm and sunny Southern Utah, the resort has everything you need to relax, renew and rediscover your passion for yoga and adventure. This retreat is all-inclusive - all lodging, food, yoga, hiking, biking and resort activities are included. Located just a short drive from Zion and Bryce Canyon, you can also explore the epic beauty of these great National Parks as a customized excursion. You'll enjoy multiple yoga class offerings in the morning and late afternoon with Stacy and Amy, as well as meditation under the stars. Class offerings will be suitable for all levels and will range from challenging vinyasa to gentle yoga as well as workshops to deepen and refine your practice. There will be ample time to lay by the pool, get pampered at the award-winning spa or choose your own outdoor adventure. With weather averages in the high 70s to low 80s, this Fall getaway is sure to be an unforgettable retreat experience.



## DETAILS:

Thursday November 2nd -  
Sunday November 5th

Red Mountain Resort + Spa  
1275 E. Red Mountain Circle  
Ivins, Utah



## COST:

Deluxe Single: \$1557  
Deluxe Double: \$1371

Villa Single: \$1739  
Villa Double: \$1589

*\*per person and ALL-INCLUSIVE.  
\*\*Villas included all amenities of  
the deluxe room plus a fireplace,  
balcony or deck and master bath  
with an oversized shower and  
soaking tub.*



## TRAVEL:

Fly into Las Vegas International  
Airport (LAS) or direct to St.  
George Airport (SGU)

*\*SGU is 30-minutes from the  
resort. LAS is a scenic 2-hour  
drive to the resort. We have easy  
and accessible ground  
transportation information for you.*

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## INCLUDED:

All Yoga Classes and Workshops with Stacy & Amy, Luxury Accommodations, Three Healthy Meals Daily, Daily Guided Morning Hikes, Fitness Classes, Healthy Life Classes, Personal Discovery Activities, Cooking Demos, WiFi In Room & Throughout Property, Use of Resort Amenities including Indoor & Outdoor Pools, Bicycles, Walking Trails, Strength & Cardio Studio, 15% off all Spa Services at Sagestone Spa, Resort Fees and Tax

## PAYMENT OPTIONS:

A \$500 deposit is required to hold your spot. The balance will be due September 1st. Deposits are non-refundable. No refunds within 60-days of retreat.

Checks: Make Payable to Stacy Levy

Paypal or Chase QuickPay: Send to [stacylevy@gmail.com](mailto:stacylevy@gmail.com)



Stacy and Amy thoughtfully curate yoga retreats that combine beautiful destinations, luxury accommodations, delicious food, relaxing spa treatments, healing yoga programming and like-minded community to create an retreat experience like no other. There is something for everyone with multiple daily yoga class offerings that are suitable for all levels. Seasoned practitioners can deepen and refine and beginners can learn fundamentals in a safe, nurturing environment. Classes include alignment-based vinyasa yoga (level 1 and level 2), gentle and restorative yoga, as well as workshops and guided meditation. Each retreat is unique and guaranteed to provide a fun, restful and healing retreat experience. Stacy and Amy are both based in Chicago.

# Red Mountain Retreat Registration Form

November 2nd - 5th, 2017

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell: \_\_\_\_\_ Email: \_\_\_\_\_

Desired Room Choice:

*\*prices are per person*

Deluxe Single: \$1557 /  Deluxe Double: \$1371

Villa Single: \$1739 /  Villa Double: \$1589

If applicable, name of roommate: \_\_\_\_\_

*\*Payment accepted via Checks, Paypal or Chase Quickpay*

*\*Credit cards not accepted for this retreat*

Initial Deposit of \$500 per participant

Remainder/full amount due on September 1st, 2017

Sign-ups after this date please submit the full balance.

Initial Payment Amount: \$ \_\_\_\_\_  Deposit |  Full Payment

Signature \_\_\_\_\_

Please email completed form to [stacylevy@gmail.com](mailto:stacylevy@gmail.com)