

MIAMI BEACH

Yoga Retreat January 11th-14th, 2018
with Stacy Levy & Amy Owen



The Palms
hotel & spa

For more info on the resort:

www.thepalmshotel.com



Questions / Registrations:

Stacy Levy

stacylevy@gmail.com

847.828.6787

or

Amy Owen

amyowenyoga@gmail.com

312.560.0735

Join Stacy and Amy for an incredible 3-night / 4-day retreat at the serene Palms Hotel & Spa in Miami. Inspired by nature, the Palms' boutique-style, tropical and luxurious property offers an experience of total well-being and relaxation and is located on a pristine white-sandy beach just minutes from the heart of South Beach. You'll enjoy various yoga class options from invigorating vinyasa to gentle yoga, meditation, organic and healthy food fresh from the hotel's onsite garden and plenty of time to explore the architecture and culture of Miami. Take a swim in the ocean, lounge under an umbrella on the beach, sip an organic juice by the pool, go for a jog on the boardwalk or enjoy a massage in the award-winning Spa. This yoga retreat experience will be unforgettable. Join us for this accessible winter getaway and leave feeling nourished, recharged and inspired.



DETAILS:

Thursday January 11th-
Sunday January 14th

The Palms Hotel & Spa
3025 Collins Avenue,
Miami Beach, Florida

INCLUDED:

3 nights room + tax + service + resort fees, all yoga classes, meditations and workshops, a choice of organic smoothie/juice each day, welcome dinner on Thursday, 20% off all spa services, unlimited internet use (WiFi), use of beach chairs and towels and 24-hour access to the health club/fitness center.

DEPOSIT/PAYMENT:

A \$500 deposit is required to hold your spot. The balance of your payment will be charged on November 15th, 2017. All deposits are non-refundable and non-transferable. No refunds or cancellations within 60 days of the retreat. Accepted forms of payment include checks, Chase Quickpay to PureLivingYogaRetreats@gmail.com or Paypal. **Paypal credit card payments incur a 3% fee.*



COST:

Single Occupancy
City View: \$1585
Ocean View: \$1648

Double Occupancy
City View: \$1126
Ocean View: \$1188

Triple Occupancy
City View: \$1000
Ocean View: \$1063



TRAVEL:

Fly into Miami International Airport (MIA) or Fort Lauderdale International Airport (FLL)

**The hotel is 10miles from MIA and 28miles from FLL. You can rent a car or take a rideshare.*



Stacy and Amy teach yoga at Yogaview in Chicago. They share a passion for alignment-based vinyasa, music, nourishing food and traveling. Their approach to yoga is non-competitive, fun, spiritual and nurturing.

To learn more about them: StacyLevyYoga.com + AmyOwenYoga.com

Miami Yoga Retreat Registration Form

January 11th-14th 2018

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell: _____ Email: _____

Desired Room Choice:

**prices are per person*

Single Occupancy: \$1585 / Single Ocean View: \$1648

Double Occupancy: \$1126 / Double Ocean View: \$1188

Triple Occupancy: \$1000 / Triple Ocean View: \$1063

If applicable, name of roommate: _____

**Payment accepted via Chase Quickpay, Paypal, Checks or Credit Cards. A 3% processing fee applies for paypal credit card transactions.*

Initial Deposit of \$500

Remainder/full amount to be charged on November 1, 2017.

Sign-ups after this date will be charged the full balance.

Initial Payment Amount: \$ _____ Deposit | Full Payment

Credit Card Number: _____

Expiration Date: _____ CVV: _____

Signature _____ Date: _____

Please email completed form to stacylevy@gmail.com